## WAFFLES

#### **WAFFLE CHOICE:**

TRIPLE CHOC | BELGIAN | POTATO (GF, VEGAN)

#### THE SWEET

- BANOFFLE CARAMELISED BANANA,
   SALTED CARAMEL ICE CREAM,
   MASCARPONE, SALTED CARAMEL, TOASTED
   MACADAMIAS & CHOCOLATE SAUCE
- FEELING FRUITY FRESH FRUIT, CHERRY SAUCE, MASCARPONE, NUTS, SEEDS, MAPLE SYRUP
- THE FREAK CHOCOLATE AND BELGIAN WAFFLE STACK, STRAWBERRIES, CARAMELISED BANANA, TOASTED MACADAMIAS, SALTED CARAMEL, TOASTED MARSHMALLOW, STRAWBERRIES SAUCE, SALTED CARAMEL & VANILLA ICE CREAM, TRIPLE CHOC COOKIE, MASCARPONE, CHOCOLATE SAUCE, WHIPPED CREAM

#### THE SAVOURY

- <u>DEEP SOUTH</u> FRIED CHICKEN, BACON BUTTER, MAPLE SYRUP
- CANADIAN BACON, FRIED EGGS, MASCARPONE, BACON SALT, MAPLE SYRUP
- SHROOM SEASON SAUTÉED THYME
  BUTTERED SHROOMS, SPINACH, POACHED
  EGGS, PINE NUTS, GOATS CHEESE
- MEXICAN GUACAMOLE, CHAR GRILLED 18
   CORN AND TOMATO SALSA, POACHED EGGS,
   SOUR CREAM, CHILLI BEANS
  - ADD BACON +5
- THE BEAST BELGIAN WAFFLE & POTATO WAFFLE STACK WITH BEEF PATTY, FRIED CHICKEN, FRIED EGG, AMERICAN CHEESE, PICKLES, BACON, MAC & CHEESE BALL, ONION RINGS, BACON BUTTER, HOUSE & BBQ SAUCE

#### KIDS

CHOCOLATE, POTATO OR BELGIAN WAFFLE

#### **TOPPINGS**

STRAWBERRIES
CARAMELISED BANANA
VANILLA ICE CREAM
CHOCOLATE SAUCE
STRAWBERRIES SAUCE
MAPLE SYRUP
TOASTED MARSHMALLOW
TRIPLE CHOC COOKIE
SALTED CARAMEL ICE CREAM
TOASTED MACADAMIAS
BACON
FRIED EGG
FRIED CHICKEN



FRESH FRUIT SALAD SEASONAL FRUITS, GREEK YOGHURT, CARAMELISED BANANA, CHERRY COMPOTE, TOASTED MUESLI, NUTS AND SEEDS	15
BIRCHER MUESLI APPLE, ORANGE AND CINNAMON BIRCHER WITH GREEK YOGHURT, PEACH, STRAWBERRIES, MACADAMIAS AND COCONUT	15
ACAI BOWL WITH MUESLI, TOASTED COCONUT, PEANUT BUTTER, CHIA SEEDS, TOASTED MACADAMIAS, STRAWBERRIES AND BANANA	15
EGGS ON TOAST POACHED OR FRIED	10
LIZA'S MUFFIN BACON, FRIED EGG, AMERICAN CHEESE WITH BBQ SAUCE ON A TOASTED MUFFIN	8
BREKKIE TOASTIE TOASTED TURKISH ROLL WITH CHORIZO, EGG, CHEESE, SPRING ONION, CHILLI AIOLI, SPINACH	14
LIZA'S SCRAMBLE EGGS SCRAMBLED WITH BASIL AND SPRING ONION ON TOAST	12
SMASHED AVO ON TOAST WITH FETA AND SEMI DRIED TOMATOES	15
BLT CRISPY BACON, GREEN OAK LETTUCE, TOMATO, AMERICAN CHEESE AND MAYO IN A WARM TURKISH ROLL	14
SOUFFLÉ OMELETTE HERBED SOUFFLÉ WITH CHEESE, SERVED WITH A TOMATO & CORN BRUSCHETTA	18
BAKED EGGS EGGS BAKED IN A LEEK, CHILLI AND TOMATO SAUCE, TOPPED WITH FETA AND HERBS. SERVED WITH WARM TURKISH ROLL	18
ADD CHORIZO / CHILLI BEEF	+4
SIDES EGG, SAUTÉED SPINACH, GRILLED TOMATO, MAC & CHEESE BALL, FETA	2
SMAVO/FRESH AVO, THYME SAUTÉED SHROOMS, CHORIZO, CHILLI BEANS, POTATO WAFFLE (GF, VEGAN)	4
THICK CUT BACON	5

## BREKKIE \$10

INCLUDING REGULAR COFFEE AVAILABLE 7:30AM - 3PM MONDAY TO FRIDAY

#### CHOICE OF:

- BACON AND EGG ROLL W/ TOMATO SAUCE
   CHILLI SCRAMBLE WRAP W/ SPINACH AND BBQ
  - FRUIT SALAD, MUESLI AND YOGHURT
  - HAM, CHEESE & TOMATO TOASTIE

     TOAST
- PORRIDGE W/ BANANA, CINNAMON & HONEY

### **SALADS**

#### WARM ROAST VEGGIE SALAD (GF) 12

SPINACH, ROAST PUMPKIN AND BEETROOT,
GOATS CHEESE, CHICKPEAS, TOASTED
MACADAMIAS, PUMPKIN SEEDS,
LIZA'S VINAIGRETTE

#### GRAIN & SEED SALAD (GF)

12

QUINOA, ROAST PUMPKIN, FETA, SPRING ONION, POMEGRANATE, MIXED HERBS, PUMPKIN SEEDS, TOASTED ALMONDS, LIZA'S VINAIGRETTE

ADD POACHED EGGS/ CHICKEN BREAST/ +5
BACON/TUNA

## **BURGERS**

#### VEGGIE BURGER 18

SAUTÉED MUSHROOMS, HALLOUMI,
HERBED YOGHURT, LETTUCE, ONION JAM,
CHIPS, ONION RINGS

#### BACON BURGER 18

HALF POUNDER, AMERICAN CHEESE, PICKLES, BACON, HOUSE SAUCE, LETTUCE, ONION JAM, CHIPS, ONION RINGS

#### FRIED CHICKEN BURGER 18

SOUTHERN FRIED CHICKEN FILLET, CHAR
GRILLED PINEAPPLE, LETTUCE, AMERICAN
CHEESE, HOUSE SAUCE, BBQ SAUCE,
MAC & CHEESE BALL, CHIPS

#### CHICKEN SCHNITZEL ROLL 18

WARM TURKISH ROLL, HOUSE SAUCE, CHICKEN SCHNITZEL, CHEESE, SLAW, PICKLES, CHIPS

#### SIDES 8

GARLIC BREAD

MAC & CHEESE BALL

BEER BATTERED ONION RINGS

# WINGS 'N THINGS

CHOICE OF
CRISPY FRIED, BBQ OR
HOT CHICKEN WINGS
OR
MAC & CHEESE BALL

WITH CHIPS, CHAR GRILLED CORN, SLAW. DIP

# PUILD YOUR OWN \$12.50

#### CHOOSE A BASE

- BAKED SWEET POTATO
- SPINACH
- GREEN OAK LETTUCE
- WRAP
- WARM TURKISH ROLL

#### **CHOOSE ONE**

- TUNA
- CHICKEN
- CRISPY CHORIZO
- · CHILLI BEEF

#### **ADD FOUR**

- TASTY CHEESE
- SHAVED PARMESAN
- FFTA
- HALLOUMI
- SPINACH
- LETTUCE
- BROCCOLI
- CELERY
- TOMATO
- SPRING ONION

- CARROT
- PUMPKIN SEEDS
- BOILED EGG
- SLAW
- BEETROOT
- CUCUMBER
- CHILLI BEANS
- SMAVO
- CHICKPEAS
- PUMPKIN
- CHAR GRILLED CORN

#### ADD SAUCE

- LIZA'S VINAIGRETTE
- MAYO
- CHILLI AIOLI
- BBQ SAUCE
- HOT SAUCE
- LEMON AIOLI